

	PRO	CON
Mastectomy	<ul style="list-style-type: none"> - Get all disease with only one surgery - No more routine mammograms/US/MRI - Usually no radiation (unless tumor >5cm or nodes positive) - Lower risk for development of a new cancer (risk is not 0%) 	<ul style="list-style-type: none"> - You lose your breast - Higher surgical complication rate with implant-based reconstruction - Longer recovery period (4-6 wks, longer with autologous reconstruction) - Loss of chest wall sensation, including nipple - Usually requires surgery on the opposite breast for symmetry - Overnight stay in hospital (can be done outpatient) - Need annual imaging of your healthy breast
Lumpectomy (+ radiation)	<ul style="list-style-type: none"> - You get to keep your breast - Easier recovery period (2 -4 wks) - Lower risk of surgical complications - Outpatient surgery 	<ul style="list-style-type: none"> - May have positive margins requiring a 2nd or 3rd surgery to remove all disease - Nearly always requires radiation - Need annual mammogram - May require surgery on the opposite breast for symmetry - Risk of a new cancer developing in healthy breast tissue is 0.5%/year

****The need for chemotherapy is based on tumor size, lymph node involvement and tumor biology (tumor DNA). The surgery you chose does not change the recommendation for/against chemotherapy. Said another way – CHOOSING A MASTECTOMY (when not recommended by your surgeon) DOES NOT DECREASE THE RISK OF DYING FROM BREAST CANCER. IT DOES NOT DECREASE THE RISK OF RECURRENCE OF YOUR BREAST CANCER AND IT DOES NOT DECREASE THE CHANCE YOU WILL NEED CHEMOTHERAPY.**